


GLEN ROCK HIGH & MIDDLE SCHOOL – JUNE 2026



AVAILABLE DAILY

<p>Monday 1</p>	<p>Buffalo Chicken Grilled Cheese Sandwich on Texas Toast with Sweet Potato Fries</p>	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Sandwiches</p>  <p>Pizzeria Pizza</p> <p>PIZZA ZONE</p> <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce</p> <p>Pasta with Meatballs & Marinara Sauce</p> <p><i>Daily Dish</i></p> <p>FRESH FARMSTAND</p> <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p>
<p>Tuesday 2</p>	<p>Burger Bar – 100% Beef Burger on a Bun with Choice of Toppings</p>	
<p>Wednesday 3</p>	<p>Spaghetti & Meatballs OR Pasta with Pink Sauce OR Pasta with Garlic & Oil</p>	
<p>Thursday 4</p>	<p>Lasagna Roll-Ups with Pink Sauce & Garlic Bread</p>	
<p>Friday 5</p>	<p>Bone-In Chicken with Parmesan Roasted Local Asparagus</p>	

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand & a Choice of Milk. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change.

FOOD ALLERGIES


Allergy-Aware menus are available for students with food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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<p>Monday 8</p>	<p>BBQ Beef Rib on a Roll with French Fries</p>	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Sandwiches</p>  <p>Pizzeria Pizza</p> <p>PIZZA ZONE</p> <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce</p> <p>Pasta with Meatballs & Marinara Sauce</p> <p><i>Daily Dish</i></p> <p>FRESH FARMSTAND</p> <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p>
<p>Tuesday 9</p>	<p>Breakfast For Lunch</p>	
<p>Wednesday 10</p>	<p>Chicken Parmesan with Pasta</p>	
<p>Thursday 11</p>	<p>Appetizer Sampler</p>	
<p>Friday 12</p>	<p>Beef Burrito or Chicken Burrito served with Rice & Beans</p>	

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<p>Monday 15</p>	<p>Homemade Macaroni & Cheese OR Homemade Buffalo Macaroni & Cheese served with Garlic Bread</p>	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Sandwiches</p> 
<p>Tuesday 16</p>	<p>Popcorn Chicken Bowl with Mashed Potatoes, Cheddar Cheese, Gravy & Sweet Corn</p>	<p>Pizzeria Pizza</p> 
<p>Wednesday 17</p>	<p>Beef Nachos with Scoops Tortilla Chips & Brown Rice</p>	<p>AMERICAN GRILLE</p> <p>Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce</p>
<p>Thursday 18</p>	<p>Burger Bar – 100% Beef Burger OR Impossible Burger on a Bun with Choice of Assorted Toppings served with Chips</p>	<p>Pasta with Meatballs & Marinara Sauce</p> 
<p>Friday 19</p>	<p>Stuffed Sandwich with Pizza Crunchers, Boneless Chicken Wings & French Fries served with Chips</p>	<p>FRESH FARMSTAND</p> <p>Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials</p>

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Monday 22	EARLY DISMISSAL	<i>Deli Central</i>	Assorted Grab & Go Sandwiches 	
Tuesday 23	EARLY DISMISSAL LAST DAY FOR STUDENTS AND STAFF		Pizzeria Pizza	PIZZA ZONE
Wednesday 24	ENJOY YOUR SUMMER!	AMERICAN GRILLE	Boneless Chicken Wings All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Beef & Chicken Empanadas Mozzarella-Stuffed Sticks with Marinara Sauce	
Thursday 25			Pasta with Meatballs & Marinara Sauce	<i>Daily Dish</i>
Friday 26		FRESH FARMISTAND	Build-Your-Own Salad Bar Assorted Grab & Go Salad Specials	

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